

DESIGN OF THE QUESTION PAPER(FINAL-effective from March 2019)

Class: XII

Time :2 ½ Hrs.

Subject :Psychology

Max Marks: 80

The weightage or the distribution of marks over different dimensions of the question paper shall be as follows:

1. Weightage to Learning Outcomes

S.No.	Learning Outcomes	Marks	Percentage of Marks
1	Knowledge	19	23.8%
2	Understanding	25	31.2%
3	Analysis	16	20%
4	Application & Skill	20	25%
		Total:80	100%

2. Weightage to Content / Subject Units

S.No.	Units	Marks
1	Variations in Psychological Attributes	10
2	Self and Personality	10
3	Meeting Life Challenges	10
4	Psychological Disorders	10
5	Therapeutic Approaches	05
	Developing Psychological Skills	05
6	Attitude and Social Cognition	10
7	Social Influence and Group Processes	10
8	Psychology and Life	10
	Total :	80

3. Weightage to Forms of Questions

S.No.	Form of Questions	Marks for each question	Number of questions	Total Marks
1	Long Answer Type (LA)	04	08	32
2	Short Answer Type (SA – I)	02	08	16
3	Short Answer Type (SA – II)	03	08	24
4	Very Short Answer Type (VSA)	01	08	08
	Total	10	32	80

The expected time for different types of question would be as follows:

S.No.	Form of Questions	Approx time for each question	Number of questions	Approx. time for each form of questions in mins (n x t)
1	Long Answer Type (LA)	08	08	64
2	Short Answer Type (SA – I)	03 to 04	08	30
3	Short Answer Type (SA – II)	06	08	48
4	Very Short Answer Type (VSA)	01	08	08
	Total		32	150

As the total time is calculated on the basis of the number of questions required to be answered and the length of their anticipated answers, it would, therefore be advisable for the candidate to budget their time properly by cutting out the superfluous words and be within the expected time limits.

4. Scheme of Options

(There will be no overall choice. However, there is an internal choice in 03 sub questions of 04 marks category and ----subquestion of ---- marks category ---- subquestion of ---- marks category.)

5. Weightage to Difficulty level of questions:

S. No.	Estimated difficulty level of questions	Percentage
1	Easy	20%
2	Average	60%
3	Difficulty	20%

A question may vary in difficulty level from individual to individual. As such, the assessment in respect of each question will be made by the paper setter on the basis of general anticipation from the group as a whole taking the examination. This provision is only to make the paper balanced in its weightage, rather than to determine the pattern of marking at any stage.

6. Number of Questions : Total Number of Questions - 32

There are 4 Parts – A,B,C&D, each containing 08 questions. Part-A(1 Mark each question), Part-B(2 Marks each question), Part-C(3 Marks each question) and Part-D(4 Marks each question).

Mrs. Sheila Souza
Signature of the Convener

XII STANDARD
PSYCHOLOGY (Effective from March 2019)
MODEL QUESTION PAPER (FINAL)

TIME: 2 ½ Hrs. MARKS: 80

INSTRUCTIONS:

1. The Question Paper consists of **32** questions.
2. Marks for each question are indicated against it.
3. Answer each Part on a fresh page.
4. All questions are compulsory. Internal choice is clearly indicated.
5. **Part – A: Q.Nos.1-4** are multiple choice and **Q.Nos.5-8** should be answered in one statement. **Part – B** questions should be answered in about 30 words each. **Part – C** questions should be answered in about 60 words each & **Part - D** questions should be answered in about 100 words each.

PART - A

- 1 The school counsellor asks a student to maintain a personal diary on a regular basis. Here the Psychological assessment method used by the counsellor is _____
 - Interview
 - Case Study
 - Observation
 - Self-Report1
- 2 Which of the following statements illustrates the role of the Id?
 - “You really should not do that. Nice people don’t behave that way.”
 - “I want it now and I want it all.”
 - “I want you to be reasonable and think it over.”
 - All of the above.1
- 3 The strategy that involves obtaining information about the stressful situation and about alternative course of action and their probable outcome is called _____
 - Emotion-oriented strategy
 - Avoidance-oriented strategy
 - Task-oriented strategy
 - Biofeedback1
- 4 When people believe that their feelings, thoughts and actions are controlled by others is called Delusion of _____
 - Persecution
 - Reference
 - Grandeur
 - Control1
- 5 What is the term used when a client learns to behave in a certain way by observing the behaviour of a role model or the therapist? 1
- 6 Name a term for attitudes or beliefs that contain a ‘should’ or ‘ought’ aspect ? 1
- 7 Avinash is regularly indisciplined in the classroom. All his teachers agree that he should be suspended. What is this phenomenon called? 1
- 8 Name one Independent Variable in the experiment on the effect of

environmental factors in task performance. 1

PART - B

- 9 Draw a neat labelled diagram of the Normal Distribution Curve showing the percentage-wise distribution. 2
- 10 Explain the two dimensions identified in Personality using Kundu's I-E Inventory. 2
- 11 Discuss Rational Thinking as a life skill. 2
- 12 State two symptoms of Suicide which can be prevented if one is alert to. 2
- 13 Differentiate between Encoding and Decoding. 2
- 14 Sunny loves colours. Will this affect his performance on the incongruent variable in the experiment on the Stroop Effect? Give reasons. 2
- 15 Discuss Similarity as a condition for Group Formation. 2
- 16 Explain Dollard's Frustration-Aggression Theory. 2

PART - C

- 17 Bring out three points of difference between Individual and Group tests. 3
- 18 Discuss the limitations of Observation and Interview methods. 3
- 19 Explain the Unhelpful Habits that need to be overcome in our lives as a life skill. 3
- 20 Describe Dissociative Disorders. 3
- 21 Explain Three elements of Counselling common to the major theoretical approaches. 3
- 22 Stroop effect is a demonstration of interference in the reaction time of a subject. Explain(3 points). 3
- 23 Discuss the determinants of Co-operation and Competition. 3
- 24 Explain the effects of Environmental factors on task performance as determined in the experiment. 3

PART - D

- 25 In the Case Study viewed by you, describe the steps a psychologist must follow in conducting a Case Study. 4
- 26 Discuss the Phallic stage as given by Freud. 4
- 27 Analyse Psychological Stress as a type of stress. 4
- OR
- Analyse 'Relaxation Techniques' and 'Creative Visualisation' as Stress Management Techniques.
- 28 Explain the negative symptoms of Schizophrenia. 4
- OR
- Explain the two main features of ADHD. 4
- 29 Analyse the Behaviour Technique of Systematic Desensitisation. 4
- OR
- Analyse Bio-medical Therapy.
- 30 Analyse Reference Groups and Personal Experiences as factors that influence attitude formation. 4
- 31 Discuss four major reasons for group conflicts. 4
- 32 Analyse the impact of TV on behaviour. 4

THE END

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Class: XII

Subject : PSYCHOLOGY (Effective from March 2019)

Maximum Marks: 80

Duration : 2 ½ hrs.

Q. No.	OBJECTIVES Form of Questions Marks	KNOWLEDGE				UNDERSTANDING				ANALYSIS				APPLICATION/SKILL				TOTAL		
		VSA	SA-I	SA-II		VSA	SA-I	SA-II	LA	VSA	SA-I	SA-II	LA	VSA	SA-I	SA-II	LA			
		1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4			
CONTENT																				
1	Var. in Psy. Attributes							17(C)						1(A)**	9(B)			25(D)**		10
2	Self & Personality							18(C)	26(D)					2(A)	10(B)**					10
3	Meeting Life Challenges.	3(A)					11(B)	19(C)					27(D)*							10
4	Psycho. Disorders	4(A)	12(B)		28(D)*			20(C)												10
5	Therapeutic Approaches	5(A)											29(D)*							10
	Developing Psy. Skills			21(C)			13(B)													
6	Att.& Social Cognition	6(A)											30(D)		14(B)**	22(C)**				10
7	Soc. Inf. & Gr. Processes				31(D)		15(B)	23(C)						7(A)						10
8	Psychology and Life		16(B)										32(D)	8(A)**		24(C)**				10
		04	04	03	08		06	15	04				16	04	06	06	04			80

* Internal choice/**Practicals

19

25

16

20

80